



THE UNIVERSITY OF
SYDNEY

Leave the research study

If you have decided you don't want to be involved in the Minding Your Mind app research study, you can leave anytime without giving a reason. Here's how:

- Stop using the app if you don't want your data shared.
- Skip surveys whenever you like.
- Don't open the app, and it won't read your passive data. Or you can turn off the app's permissions anytime in your phone's Settings.
- Delete your account anytime under 'My account'.

If you'd like your past data deleted, just email the research team at minding-your-mind.study@sydney.edu.au